# I am a team Captain - how do I get members to join my team?

When you register as a team captain and create a team name you will receive a confirmation email with the team name, password, and a link to the registration page that you can forward to your friends and family.

Here is an example of what the team name and password will look like on the email you receive:

To invite team members to join **the St. Albert RRoom Fun Runners** please send them the following link: ***The email will have a unique link to the registration portal here.*** In order for them to become a member of your team they will need to supply your team password.
This password is: **abc24def**

The Team selects your team name and enters the password on the Questions page of the registration process.

**Team Section**

Team Member

Please select your team

the St. Albert RRoom Fun Runners

Enter your team password

abc24def

Please ensure that your member is not entering the team name and password at the beginning of the registration form.